

EAGLES '19 SUMMER FROSH VOLLEYBALL

WHEN

June 4th-27th
Tuesdays & Thursdays
9-11AM

WHERE

Enochs Gym

What to wear/bring:

Proper volleyball attire - shorts, shirt & proper gym shoes. No tank tops and no bra straps showing! Knee pads are helpful, but not required for summer. Your hair needs to be pulled away from you face. Bring water.

Here's how to sign up:

1. Register for an AAU card, print and attach card to Screaming Eagles form (Instructions attached).
2. Fill out medical release form.
3. Come to the first day of open gym with forms.

Get ready to play!

IMPORTANT DATES:

SPORTS NIGHT:

Wed. June 19th
5:00pm
@ Enochs Cafeteria

SPORTS PHYSICALS

Thurs. June 20th
1:30-3pm
@ Davis Gym

CONDITIONING WEEK

Mon-Fri July 29th-
August 2nd
7:30-9pm
@Enochs Track

TRYOUTS

Mon-Fri
August 5th-9th
4:30-6:30pm
@Enochs Gym

QUESTIONS:

Contact
Coach Hollis-
(209) 620 1598